

## **CURRICULUM VITAE**

**Gregory Lane Estes, M.D.**  
**Community Physician Network**  
**Orthopaedic Specialty Care**  
**7930 N. Shadeland Avenue**  
**Indianapolis, IN 46250**  
**(317) 621-7987**

### **EMPLOYMENT HISTORY:**

Orthopedic Specialty Care  
Community Physician Network  
July 2012 – present

Indiana Medical Consulting, LLC  
2012 - present

The Indiana Orthopedic Center  
September 2000 – June 2012  
(Practice acquired by Community Health Network)

### **LEADERSHIP POSITIONS:**

Medical Director of Orthopedic Surgery Section  
Community Health Network (All hospitals)  
January 2022 – December 2025

Medical Director of Physical Therapy  
Community Health Network  
January 2018 – December 2025

Medical Director of Sports Medicine  
Community Health Network  
January 2018 – January 2022

Medical Executive Committee  
Community Health Network (East & North)  
January 2012 – December 2017

Chairman of Orthopedic Surgery Section,  
Community North & Community East  
January 2008 – December 2010

Chairman of Quality Assurance  
Orthopedic Surgery Section  
Community North & Community East  
January 2006 – December 2008

**LICENSURE & CERTIFICATION:**

State Medical License: Indiana  
American Board of Orthopedic Surgeons  
Initial board certification: July 18, 2002  
Recertified: January 1, 2023

**FELLOWSHIP:**

Sports Medicine & Shoulder Fellowship  
Duke University Medical Center  
August 1999 – August 2000

**RESIDENCY:**

Orthopaedic Surgery Residency  
University of Cincinnati Medical Center  
July 1995 – July 1999

General Surgery Internship  
University of Cincinnati Medical Center  
July 1994 - June 1995

Honors & Awards:

Freiberg Basic Science Award (1998, 1999)  
Chief Thesis Award (1999)

**MEDICAL EDUCATION:**

Indiana University School of Medicine  
August 1990 - May 1994  
Degree: M.D.

Honors & Awards:

Alpha Omega Alpha  
Pittman Scholarship Award in Surgery  
Rabe-Vermillion Scholarship Award  
Dr. E. B. Rinker Scholarship Award

**UNDERGRADUATE EDUCATION:**

Wabash College  
August 1986 - May 1990  
Degree: A. B.  
Major: Biology, Minor: Chemistry

Honors & Awards:

Phi Beta Kappa  
Magna Cum Laude  
Dean's Academic List (8 semesters)

## Honor Scholarship Award

### **RESEARCH:**

“Augmentation of Amphibian Limb Regeneration with Dorsal Root Ganglia.” Research project with L. Hearson Ph.D., January-May 1990.

“The Use of Bioelectric Impedance Analysis in Monitoring Changes In Total Body Water in Post-Operative Patients.” Research Project with J. Madura M.D., June-August 1993.

“The Biomechanical Effects of Thermal Capsular Shrinkage: Laser Versus Radiofrequency Energy.” G. Estes, E. Pohlmeier, D. Byski-Austrow, E. Wall.

“Physical Examination of the Subscapularis: Electromyographic Comparison of the Resisted Lift-Off and the Belly-Press Tests.” G. Estes, M. Handy, K. Lee, M. Wickham, K. Speer.

### **PUBLICATIONS:**

G. Estes, R. Gonin, J. Little, A. Sandler. “The Treatment of Adults with Rhabdomyosarcoma: The Indiana University Experience.” *Proceedings of American Society of Clinical Oncology* 13:478, 1994.

G. Estes, R. Zarzour, K. Speer. “Posterior Labral Injuries in Contact Athletes.” *Techniques in Shoulder & Elbow Surgery* 1:169-176, 2000.

### **PRESENTATIONS:**

“Current concepts in DVT prophylaxis.”  
Orthopaedic Surgery Grand Rounds,  
The Christ Hospital; September 17, 1994.

“Deep Venous Thrombosis: Prevention in the Orthopaedic Patient.”  
Orthopaedic Surgery Grand Rounds,  
University of Cincinnati; April 5, 1997 &  
The Christ Hospital; March 11, 1998.

“Evaluation and Management of Lateral Ankle Instability.”  
Orthopaedic Surgery Grand Rounds,  
University of Cincinnati; May 30, 1998.

Table Instructor, AO Basic Course for Operating Room Personnel.  
Cincinnati, OH; November 20-21, 1998.

“Rotator Cuff Tears: Evaluation and Management”  
Worker’s Compensation Meeting – The Indiana Orthopaedic  
Center; November 15, 2000.

“Shoulder Pain: When It’s Not the Rotator Cuff”  
Orthopaedic Current Concepts VIII  
February 3, 2001 & Orthopaedic Current Concepts  
March 3, 2007.

“Supplements, Steroids and the High-School Athlete:  
What Every Coach Should Know”  
New Palestine High School Annual Coaches Meeting  
July 11, 2006

“Supplements, Steroids and the High-School Athlete:  
What Every Physician Should Know”  
Community Hospitals Grand Rounds; April 11, 2007.

“The Rotator Cuff: Current Concepts & Controversies”  
Worker’s Compensation Meeting – The Indiana  
Orthopaedic Center; May 10, 2007.

“Evaluation of the Painful Shoulder”  
Community Hospital North Grand Rounds; August 3, 2007 &  
Community Hospital East Grand Rounds; April 9, 2008.

“The Injured Shoulder: A Work Comp Perspective”  
Spring Worker’s Compensation Seminar; May 8, 2008.

**MEDICAL SOCIETIES:** American Academy of Orthopaedic Surgeons  
Freiberg Orthopaedic Society

Revised: March 21, 2026